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Thank you for choosing a Soles2dance product.

Here are instructions on how to affix and use the **PERM** Kit

The Permanent Conversion Kit is designed to convert shoes with “aggressive” profiles, such as those of running shoes and most other fitness shoes (see, for example, Profile B in Fig. 1) permanently for use with Soles2dance adhesive-backed low-friction soles. This is accomplished by permanently gluing the provided gray base sole components of this kit to the sole of the fitness shoe, using the provided ultra-strong Superglue Gel. The base sole provides a perfectly smooth and flat surface, to which our low-friction Soles2dance stick-on soles (Items LOFRI-06, LOFRI-04, or SULOFR1, purchased separately) will adhere securely.

**Warning:** The provided Superglue Gel will create a bond between the base sole and the original shoe sole that is so strong that the base sole cannot be separated from the original shoe sole without damaging the original shoe sole. The bond between the shoe sole and the base sole is permanent. Apply the Permanent Conversion Kit only if you no longer intend to use the shoes for anything other than as dance shoes in conjunction with Soles2dance Items LOFRI-06, LOFRI-04, or SULOFR1.

### Instructions for gluing-on the base soles

1. Clean the soles of your shoes with a steel brush or such.
2. Sitting on a chair in a well-ventilated area, support one shoe with your thighs, shoe sole facing upward.
3. Loosely place one of the base sole disks onto the shoe sole and adjust its position until it is centered over the widest part of the shoe sole (see Fig. 2). Then, as shown in Fig. 3, move the disk as far as possible toward the medial side (= the side of the sole that is closer to the middle of your body when you wear the shoes).
4. Draw a circle around the disk with a permanent marker or other suitable pen to mark the proper location for the disk on the shoe sole.
5. Put the base sole disk aside and open the provided Superglue Gel tube, after carefully reading the safety instructions for Superglue.
6. Apply tiny drops of Superglue Gel on all the surfaces of the shoe sole within the marked circular area that will be touching the base sole. Evenly distribute the tiny drops with the applicator tip of the Superglue Gel tube over all of these surfaces. Avoid touching the SuperGel with your fingers, breathing in the vapors, and letting the vapors cause a burning sensation in your eyes. This is easily enough accomplished by working in a well-ventilated area and keeping your face generally as far away from the wet glue as possible.
7. Press the base sole disk onto the glue-covered surface of the shoe sole and keep pressing the base sole and shoe sole together for *two minutes*. If you have workshop clamps, use those instead of your hands to press the parts together.



Profile A: PERM kit usually not needed since there is enough surface for Soles2dance to adhere to

Profile B: PERM kit is needed, since there is only very little surface area that Soles2dance can adhere to

Fig. 1

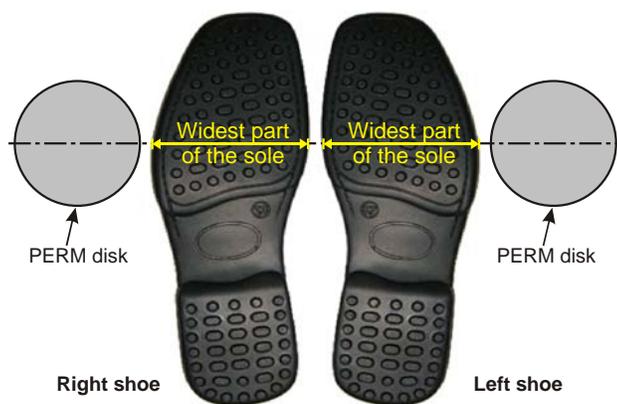


Fig. 2

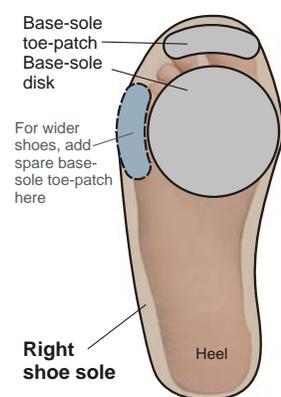


Fig. 3

8. Inspect the periphery of the freshly glued-on base sole to see if it is bonded properly to all surfaces that you had covered with glue in Step 6. If there are spots where it is not, reposition your fingers over those spots and press the not-yet-bonded parts of the base sole against the glue-covered surfaces. If the glue has already dried on those surfaces, reapply some glue and repeat Steps 7 and 8.
9. Repeat Steps 5-8 for all remaining base sole components. Figure 3 shows where the other base sole components go. The component shown to the left of the disk is optional, for wider shoes.
10. Your base soles are now ready and you can stick other Soles2dance low-friction soles with adhesive backing securely onto them.
11. All of our low-friction soles are subject to wear, that is, in use they will gradually wear thinner and thinner until they break up or partially disappear entirely. This is particularly true when dancing on abrasive surfaces such as asphalt or concrete
12. After each dance event, inspect your soles and see if the low-friction components have worn off so much that the gray material of the base soles is visible. If that is the case, it is time to replace the worn-through low-friction sole with a new one. If you don't replace the low-friction sole promptly, then subsequent dancing will wear out the base sole, and, eventually, you will have to replace both the base sole and the low-friction sole. You will also have to glue the new base sole on again. You can avoid that hassle by replacing worn-out low-friction soles promptly.

### Safety Instructions for Using Superglue Gel

**Caution:** Tip of Superglue tube is punctured (opened) when cap & nozzle are screwed onto tube. While doing so, point the tube away from face and body and do not squeeze the tube.

#### Instructions

1. To puncture the tip of the tube, point tube away from face and body and screw nozzle and cap assembly onto tube completely.
2. To use, remove outer cap. Use sparingly (one drop per square inch). Apply glue to those surfaces of the shoes' sole that will be touching stick-on components. Do not spread glue with fingers, use nozzle.
3. Surfaces should be clean & dry. Avoid getting glue on your hands (you can protect yourself with latex gloves or even just by placing plastic sandwich bags between your hands and the Soles2dance component that you are about to press against the shoe sole). Press pieces together for 120 seconds. Screw outer cap back on immediately to prevent glue on tip of tube from drying. Then press the parts to be bonded together with your hands or clamps.

*Contains ethyl cyanoacrylate. Avoid contact with clothing as can cause burn. For accidental eye contact, flush with water for 15 minutes; get medical attention for eye or internal contact. To remove from skin, soak in acetone nail polish remover and gently peel adhesive off with fingernail or wash with water repeatedly. Water exposure will wear off residual adhesive within a few days (do not use polish remover around eye area). **KEEP OUT OF THE REACH OF CHILDREN.***